

NOTE: Incomplete and/or unsigned requisitions will be returned



## Outpatient Mental Health Referral (External)

Adult OPMH Telephone: 905-472-7011

Child & Adolescent OPMH Telephone: 905-472-7530

**Please Fax To: 905-472-7371**

*Patient will be contacted once a completed referral has been received.  
Treatment approach and duration are at the discretion of the  
OPMH clinicians and psychiatrists.*

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|--|--|
| <input type="checkbox"/> Adult OPMH                            | <input type="checkbox"/> Diagnostic Clarification  |
| <input type="checkbox"/> Child and Adolescent OPMH             | <input type="checkbox"/> Treatment Recommendations |
| <input type="checkbox"/> ATLAS Adolescent Day Hospital Program | <input type="checkbox"/> Medication Review         |

PLEASE PRINT CLEARLY  
OR AFFIX LABEL WITH COMPLETE INFORMATION

Hospital MRN #: _____
Patient Name : _____ Last First
Date of Birth: _____ Sex: F M DD/MM/YYYY
Health Card #: _____ Version Code: _____
<input type="checkbox"/> WSIB # _____ <input type="checkbox"/> Non OHIP (Self-pay) or Refugee
Address: _____ Postal Code: _____
Daytime Tel #: _____
Alternate Tel #: _____
Email: _____

To avoid delays please ensure all relevant documents are included with referral i.e. psychiatrist reports/discharge summaries, child custody orders, POA for personal care etc. Please confirm relevant documents are included. Confirmed

Date Referral	Referred by: <input type="checkbox"/> Family Physician <input type="checkbox"/> Psychiatrist <input type="checkbox"/> Other	CPSO #	Billing #
Referring Physician Name		Physician Tel. #	Physician Fax #
Ref. Physician Address			Postal Code
Preferred Language	Name & number of interpreter to help schedule appointment, if available		
Next of Kin Name	Contact #	Is patient aware of referral? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Next of Kin Name	Contact #	Is family aware of referral? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Does this patient currently have a psychiatrist? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, name	Phone #	
Reason for Referral (mandatory, please complete)			
Main Diagnosis/Presenting Problem(s) <input type="checkbox"/> Depression <input type="checkbox"/> Anxiety <input type="checkbox"/> Bipolar <input type="checkbox"/> Suicidal Ideation <input type="checkbox"/> Psychosis <input type="checkbox"/> OCD <input type="checkbox"/> School refusal <input type="checkbox"/> Addictions (Adult) <input type="checkbox"/> Complex Mental Health Issues <input type="checkbox"/> Other: _____			
<b>Medication - Mandatory</b> If incomplete, this referral may be redirected for completion leading to delays in processing. Please indicate all medication patient is <b>currently</b> taking or attach list			
Medication	Dose	Duration	Comments
Please indicate all medication patient has taken in the <b>past</b> or attach list			
Medication	Dose	Duration	Comments
<b>Risks</b> *If there is imminent risk please refer to the emergency department for an assessment			
Threat to self	<input type="checkbox"/> Yes <input type="checkbox"/> No	When:	
Threat to others	<input type="checkbox"/> Yes <input type="checkbox"/> No	When:	
Suicidal Ideation	<input type="checkbox"/> Yes <input type="checkbox"/> No	When:	
Violent Behaviour	<input type="checkbox"/> Yes <input type="checkbox"/> No	When:	
We do not offer assessment and treatment of eating disorders, legal assessment for court proceedings (i.e. forensic or family court) parenting/custody assessment, Autism assessment, psychoeducation assessment or assessment for insurance or Workers Compensation issues, or adult ADHD assessment or treatment. Please confirm that this is not a referral for such a consultation. Confirmed <input type="checkbox"/>			
Physician Signature _____		Date _____	