



## OUR COMMUNITY. YOUR IMPACT. ISSUE 4 · SPRING 2024





#### LIFESAVING CARE COMES FULL CIRCLE

UXBRIDGE GRANDMOTHER AND FORMER NURSE GRATEFUL TO COMMUNITY HOSPITAL FOR EXCEPTIONAL CARE IN HER MOMENT OF NEED

As a practicing nurse and educator for more than 35 years, Sheerie Fox knows exactly what it takes to care for patients. But after a serious bout of illness put her life in jeopardy and left her in need of lifesaving care, it was Sheerie's turn to rely on the expertise, compassion, and support she had long worked to instill in others—this time at her local Uxbridge Hospital.

"Caring for patients was one of the things I loved most about being a nurse," shares Sheerie. "Having been in the profession for so long, it was a humbling experience being on the receiving end of this care for once. When my life was in danger, the incredible team at Uxbridge Hospital treated me with compassion and kindness, and made me proud to be a nurse."

After a career that took her across Canada and beyond, including to Edmonton, Calgary, Montreal, Toronto, and even New York City, Sheerie moved to Uxbridge in 2010 to be close to her grandchildren. She has since fallen in love with the natural beauty and small-town feel that Uxbridge is known for, as well as the tight-knit community that welcomed her with open arms.

"First and foremost, it's the people that truly make Uxbridge special. Our town is filled with a vibrant mix of individuals and families from all ages, backgrounds, and stages of life, and, together, we have created an amazing place to live and set down roots. From my own experience, it's clear that this strong and unique sense of community has even made its way into the hallways of the hospital itself."

In November 2022, Sheerie was rushed to the Uxbridge Hospital Emergency Department after a severe case of pneumonia had quickly decompensated into sepsis. With the condition posing significant complications for her health and an undeniable risk to her life, she would spend the next six months being monitored and treated as her condition continued to fluctuate.

Over this time, Sheerie would be transferred multiple times to Markham Stouffville Hospital, and things worsened to the point where she had to be placed on a ventilator and undergo resuscitation for cardiac arrest. In March 2023, she was declared palliative and her family was told to prepare for the worst.

But then, thanks to the exceptional care of her local community hospital, things began to turn around. Though a slow and often scary journey, Sheerie's health steadily improved, ultimately allowing her to leave the hospital and head home to return to life as usual. She credits her remarkable recovery to the entire Uxbridge team—from the nurses, clinicians, and physicians, including her own general practitioner Dr. Carlye Jensen to the rehabilitation, pharmacy, dietary, and environmental services staff. For Sheerie, they all had an important part to play.

"Uxbridge was a well-oiled machine—the staff were positive, empathetic, and knowledgeable, developed strong relationships with the patients, and completely united as a cohesive team. It was also family and friends who benefitted from their approach. My children were particularly grateful for how accommodating and comforting they were even through some of the darkest moments of my care, keeping them informed throughout the process and always remaining responsive to questions and reassuring when addressing concerns."

When reflecting upon her lifesaving experience at Uxbridge Hospital, Sheerie's appreciation also extended to those who have stood up to give back to the hospital and support its future for the sake of the community.

"The hospital is so important to our community, providing quality care close to home, warmth, compassion, and a sense of security. But it couldn't happen without financial support, so those who give back as donors—no matter how much they give—are true champions for our community!"

## LANDMARK \$1.5 MILLION PLEDGE MADE BY UXBRIDGE HOSPITAL AUXILIARY

Over the past 60 years, the Uxbridge Hospital Auxiliary has generated significant support for equipment replacements, upgrades, and major repairs at the hospital through new and innovative fundraising projects.

This generous and ongoing support was taken to new heights in 2023 with an additional \$1.5 million pledge to Uxbridge Hospital Foundation. With this most recent gift included, the Auxiliary has raised an astounding \$6 million in support of Uxbridge Hospital to date.

"We are grateful to have such a wonderful hospital with great medical staff and state-of-the-art equipment here in Uxbridge, and it is our privilege to fundraise on its behalf," shared Nancy Emo, the Auxiliary President. "Our Auxiliary has continued to grow because I believe people enjoy helping both Uxbridge and its hospital. Most of our volunteers are seniors with a lot of life experience and they just want to give back. By coming together through this work, we can help ensure that Uxbridge Hospital continues to be able to care for our community, meeting the majority of our medical needs right here at home."

Originally formed in 1954 by a group of nurses living here in our community, the Uxbridge Hospital Auxiliary has now expanded to include more than 250 dedicated volunteers among its ranks. The group's primary fundraising is done through their thrift store, Chances Are, as well as the Cottage Gift Shop (located within the hospital), and the annual Run For the Diamond 5/10K walk/run, which raised \$34,000 last year.





## RECENT UPDATES ON OUR REDEVELOPMENT

### Diamond Schmitt supporting design work for new hospital

Following the provincial government's approval in 2022 to build the new hospital on the existing site, the project received approval to secure a design architect and develop the full plan for the new facility. The design process is expected to take approximately one year and, once complete, will be followed by the next stage of government approval to proceed with construction on the new campus.

In June 2023, distinguished and award-winning Canadian firm Diamond Schmitt was selected as the architect for this project. Design meetings are currently ongoing, with Oak Valley Health pushing for construction to begin in fall 2025. At the same time, early construction on specific elements of the project will begin prior to this intended start date to ensure the hospital is in the best possible position when the green light is received.

### Temporary helipad location determined

During construction of the new Uxbridge Hospital, access to the helipad located on the existing property (for air ambulance transportation of patients) will not be permitted due to the surrounding construction activities. After an in-depth assessment, it was determined that to continue access to air ambulance services during construction of the new hospital, a temporary location within Uxbridge would be required and has since been confirmed.

The temporary location is within The Fields of Uxbridge located approximately three kilometres from the hospital. The final location of the helipad at the new hospital will be on the rooftop of the hospital building, allowing for enhanced patient transport services.

## INTRODUCING OUR CAMPAIGN CABINET

WORKING TOGETHER FOR THE FUTURE OF UXBRIDGE AND ITS HOSPITAL

The campaign for Uxbridge Hospital is quickly getting underway. As with any campaign of this size and scale, our success rests largely on the shoulders of the people we have in our corner. From our patients and their families, to our incredible team of physicians, nurses, and staff, to our generous donors and passionate volunteers—it is people who remain at the core of our community hospital and who will drive the support needed to build our new hospital. Now, we are thrilled to welcome our Campaign Cabinet to this historic effort.

An illustrious group of volunteers, the Campaign Cabinet have stepped up to put their time, energy, and expertise towards advancing our cause and the redevelopment of our Uxbridge Hospital—because this is also their community and it is also their hospital! From local business owners to politicians, physicians to members of the agricultural community, these individuals are deeply invested in the future of Uxbridge. And despite our fundraising campaign still being in the quiet phase, our Cabinet is working diligently to meet with individuals, organizations, and corporations within the community who are interested in partnering with the Foundation and who have the potential for significant support.

We look forward to sharing more with you about the work and successes of our Campaign Cabinet in the months to come as we move closer to our official campaign launch!



Jim Williamson



**Richard Bartley** 



**Dave Barton** 



Howie Herrema



Dr. Carlye Jensen



John Low



Gerry Noble



Keri Smith



**Cindy Wood** 



Michele Varela



Mackenzie Todd

## SHOW YOUR SUPPORT—YOUR WAY!

No matter how you choose to give back, becoming a donor to Uxbridge Hospital Foundation is a special way to support the future of our community and our beloved hospital. Below are just some of the generous ways you can support our exciting upcoming redevelopment and become a partner in guaranteeing exceptional health care can continue to be delivered right in our own backyard. Choose a method that best meets your needs and wishes as a donor, or get in contact with our team to discuss other ways you can make your gift.

And on behalf of the entire Uxbridge community, thank you for your support!

### Create a lasting legacy by including Uxbridge in your estate plans

Legacy giving helps strengthen our long-term financial security and ensures we have everything needed to provide the best health care possible now and in the future. There are several ways you can create a lasting legacy, including charitable bequests in your will, life insurance policies, gifts of securities, registered retirement plans, and real estate.

#### Sign up for payroll deductions as an Uxbridge staff member

Are you a proud physician, nurse, or staff member of Uxbridge Hospital? Through monthly payroll deductions, you have an easy way to play an even more important role in the future of your hospital and the community where you and your coworkers have chosen to work or live.

### Celebrate an occasion, honour a loved one, or remember someone special

Looking for a way to remember a loved one who has passed, to honour someone special, or to celebrate a birthday, anniversary, or wedding? Consider making a gift to Uxbridge Hospital Foundation in memory, in honour, or in tribute. Our team will share the news of your gift with the individual(s) or their next of kin.

Learn more about these and many other ways to give back to Uxbridge Hospital Foundation at www.uxbridgehospitalfoundation.ca.

# CONTEST ALERT! BECOME A MONTHLY DONOR AND YOU COULD WIN AN iPAD!

As a monthly donor to Uxbridge Hospital Foundation, you will not only be making a consistent and reliable investment in the health and well-being of the patients, families, and communities we serve. Now, you're also getting the chance to take home a brand-new Apple iPad!

Sign up at www.uxbridgehospitalfoundation.ca before July 1 to be entered to win (with your support as a monthly donor going even further for Uxbridge).\*

\*Existing monthly donors will automatically be entered into the contest.

### UPCOMING EVENTS FOR 2024





Music for UX (feat. Fred Eaglesmith) September 20 Uxbridge Hospital Celebrity Ice Classic Uxbridge Arena October 3-4





Sip, Savour & Support Wooden Sticks Golf Club November 21 Catch the Ace (in partnership with Uxbridge Rotary Club) Coming Fall 2024

Learn more about how you can participate in these upcoming events at www.uxbridgehospitalfoundation.ca.

### Keep in touch with **Uxbridge Hospital Foundation**

#### WE'VE MOVED!

Uxbridge Hospital Foundation is now located in the Oak Tree Medical Building (next to the hospital).

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Reach out today by phone or email to sign up!

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