

## CENTRAL INTAKE – Obstetric Program Referral

Fax: (905) 472-7625

**To expedite your referral, please ensure this form is completed and all supporting documents attached**

### Select Provider for Care

*Please select the care provider of your choice. If the selected provider cannot accept the referral; please re-submit a referral with a different selection.*

- First available Obstetrician (List preferred doctor, if any: \_\_\_\_\_)
- Family Doctor Pregnancy Clinic (Antenatal care by Family Doctor, delivery by Obstetrician on the obstetrical unit)
- Midwifery Program (Care by midwifery team, delivery on the AMU)

### Midwifery Program

We are happy to accept referrals to the Midwifery Program; although please note that patients also have the option to **self-refer** to this program by calling **(905) 472-7355**

### Patient Information

Patient Name: (Last, First)		Date of birth: (dd/mm/yyyy)		
Main Telephone:		Alternative phone number:		
Address:	Street	City	Prov	Postal Code
Health Card Number:				Version Code:

### Referring Health Care Provider

Physician Name: (Last, First)		Physician Signature		
Telephone Number:		Fax Number:		
Address:	Street	City	Prov	Postal Code
Billing #:				

### Patient Pregnancy Information

First day of LMP: (dd/mm/yyyy)	EDD Date : (dd/mm/yyyy)	Gestational Age
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### Supporting Documents Included

<input type="checkbox"/> Ultrasounds	<input type="checkbox"/> Specialists Reports	<input type="checkbox"/> Antenatal Forms	<input type="checkbox"/> Blood Work
<input type="checkbox"/> First Trimester Screening	<input type="checkbox"/> Integrated Prenatal Screening	<input type="checkbox"/> Assisted Reproductive Reports	<input type="checkbox"/>
<input type="checkbox"/> Other Consult reports if applicable: _____			

### Additional Comments

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**Please note: Your patient will be contacted directly with appointment information**

## Obstetric Program Options at Oak Valley Health

**Pregnant patients should be offered all options. If their first choice is unavailable or inappropriate, they will be offered care with more appropriate and/or next available choice.**

**Family Doctor Obstetric team** – Patients will see a team of General Practitioners who provide obstetrical care as part of their family practice. Intrapartum care is provided by the on-call Family Doctor from the team with labour support by the nursing staff. Family Doctor patients have access to the Early Discharge Program, or a 24-hour postpartum stay as is appropriate.

**Midwifery Group Pregnancy Program** – Patient will be rostered to a team of Registered Midwives who provide antenatal care to low risk pregnant people. In a hospital clinic, patients are grouped according to their gestational age and will receive information and counselling in a peer supported setting. Clinical checks will happen individually in conjunction with these group sessions. Patients will have access to a pager for 24-hour emergency support, and triage and intrapartum care will be provided by on-call midwife and supported by the hospitalist midwife on the Alongside Midwifery Unit (AMU). Patients will be discharged home when appropriate 3-6 hours post-delivery and will receive visits for the first week from a Midwife in their home. Postpartum parent and newborn will receive clinical care and feeding support for 6 weeks from the midwifery team.

**Obstetricians** – Patient will see assigned Obstetrician or Maternal Fetal Medicine specialist for antenatal care in their respective clinic. Triage and intrapartum care is provided by on-call Obstetrician, with labour support by the nursing staff. Obstetrical patients have access to Early Discharge Program or 24-hour postpartum stay as is appropriate. Patients will have access to the Family and Baby clinic when the newborn does not have access to a health care provider for up to 4 weeks after birth.

**Community Midwifery Clinics** – There are multiple midwifery clinics that provide antenatal and postpartum care in their clinics, and the choice of home or the AMU at Oak Valley Health for intrapartum care: Midwifery Services of Durham, Uxbridge Community Midwives, New Life Midwives (Bowmanville) and Cannington Midwives. Each clinic manages their own intake and patients should be encouraged to find the intake forms on their respective websites to request care.

## Postpartum Services for Families

**Early Discharge Program** – When patients meet criteria, they will be offered early discharge from hospital 3-12 hours postpartum. Midwives will visit these families within 24-36 hours post delivery and complete health assessments and conduct routine tests on the newborn. Follow up care is provided by the patient's family doctor, or the Family and Baby clinic as needed.

**Family and Baby Clinic** – This clinic is available for healthy newborns when there is not a follow up appointment available with a primary care provider. This clinic is staffed by Registered Midwives and provides care for up to one month postpartum.

**Newborn Clinic** – For newborns who require pediatrician assessment and care the discharging pediatrician will order a return visit to the Newborn Clinic. When newborns are discharged from NBC, they will be sent to their Family Doctors or the FAB clinic if no primary care provider is available.

**Breastfeeding Clinic** – This team of Lactation Consultants provide care and feeding support when postpartum patients remain in hospital, and group sessions after discharge for up to one month. Private sessions are available for a fee.