

PRESS RELEASE

Oak Valley Health receives national recognition for meritorious outcomes from the American College of Surgeons

Markham, ON — November 8, 2023 — The American College of Surgeons National Surgical Quality Improvement Program (ACS NSQIP®) has recognized Oak Valley Health as one of 78 ACS NSQIP participating hospitals that have achieved meritorious outcomes for surgical patient care in 2022. As a participant in ACS NSQIP, Oak Valley Health is required to track the outcomes of inpatient and outpatient surgical procedures and collect data that assesses patient safety and can be used to direct improvement in the quality of surgical care.

"We are pleased to receive the meritorious award for ACS NSQIP for the fifth consecutive year, acknowledging our commitment to high quality surgical care," says Erin Landry, director, surgical services, Oak Valley Health. "The surgical program achieved this award by utilizing standard-based verification with the goal to improve quality across surgery. It allows for us to put structures in place to enable quality improvement and help drive quality improvement."



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The ACS NSQIP recognition program commends a select group of hospitals for achieving a meritorious composite score in either an "All Cases" category or a category which includes higher risk cases ("High Risk"). Risk-adjusted data from the July 2023 *ACS NSQIP Semiannual Report,* which presents data from the 2022 calendar year, were used to determine which hospitals demonstrated meritorious outcomes. Oak Valley Health has been recognized on both the "All Cases" and "High Risk" Meritorious lists.

Each composite score was determined through a different weighted formula combining eight outcomes. The outcome performances related to patient management were in the following eight clinical areas: mortality, unplanned intubation, ventilator > 48 hours, renal failure, cardiac incidents (cardiac arrest and myocardial infarction); respiratory (pneumonia); SSI (surgical site infections-superficial and deep incisional and organ-space SSIs); or urinary tract infection.



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The 78 commended hospitals achieved the distinction based on their outstanding composite quality score across the eight areas listed above. 62 hospitals were initially recognized on the "All Cases" list and 62 hospitals were initially recognized on the "High Risk" list; the 62 hospitals represent approximately ten percent of the 615 calendar-year 2022 ACS NSQIP hospitals. 46 hospitals are recognized on both the "All Cases" and "High Risk" lists, 16 other hospitals are on just the "All Cases" list, and 16 other hospitals are on the "High Risk" list only – yielding 78 hospitals in total.

ACS NSQIP is the only nationally validated quality improvement program that measures and enhances the care of surgical patients. This program measures the actual surgical results 30 days postoperatively as well as risk adjusts patient characteristics to compensate for differences among patient populations and acuity levels. The goal of ACS NSQIP is to reduce



surgical morbidity (infection or illness related to a surgical procedure) and surgical mortality (death related to a surgical procedure) and to provide a firm foundation for surgeons to apply what is known as the "best scientific evidence" to the practice of surgery. Furthermore, when adverse effects from surgical procedures are reduced and/or eliminated, a reduction in health care costs follows. ACS NSQIP is a major program of the American College of Surgeons and is currently used in over 850 adult and pediatric hospitals.

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The American College of Surgeons is a scientific and educational organization of surgeons that was founded in 1913 to raise the standards of surgical practice and to improve the care of the surgical patient. The College is dedicated to the ethical and competent practice of surgery. Its achievements have significantly influenced the course of scientific surgery in America and have established it as an important advocate for all surgical patients. The College has more than 90,000 members and it is the largest organization of surgeons in the world.



About Oak Valley Health:

Oak Valley Health is one of Ontario's leading community healthcare organizations. Across our two hospitals, Markham Stouffville Hospital (MSH) and Uxbridge Hospital (UXB), as well as our Reactivation Care Centre (RCC), we provide high quality, patient-centred care to more than 437,000 patients each year. We offer diagnostic and emergency services and deliver clinical programs in acute care medicine and surgery, addictions and mental health, and childbirth and children's services. We are proud to be part of the Eastern York Region North Durham Ontario Health Team (EYRND OHT). Our 551 professional staff (including physicians, midwives, and dentists) over 3,000 staff and over 790 volunteers serve patients and families with an honoured to care mindset and are focused on delivering an extraordinary patient experience to the residents of Markham, Whitchurch-Stouffville, Uxbridge, and beyond. Oakvalleyhealth.ca

For more information, please contact:

Michelle Lee Hoy, Senior Corporate Communications Specialist Oak Valley Health mleehoy@oakvalleyhealth.ca Office: 905-472-7373 ext. 2419

Cell: 416-270-6009