

Women's Wellness Services Referral

Questions about the groups: Please call Women's Wellness Service at 905-472-7373 ext 6996 or womenswellness@oakvalleyhealth.ca.

Please send completed referral to: email womenswellness@oakvalleyhealth.ca or fax: 905-472-7371

If you have any questions about the referral process or the status of your referral please contact our Mental Health Patient Navigator at 416-804-9386, Monday through Friday.

The women's wellness service does not provide psychiatric assessment and/or follow-up. A physician's referral is required for that service. If this is needed, please complete the outpatient mental health referral form located on our website www.oakvalleyhealth.ca

Name		DOB	Age	Date of Referral
Address		Health Card #	Version Code	
Home phone ()		Business/Mobile phone ()		
E-mail address				
Preferred Language		Name & number of interpreter to help schedule appointment, if available		
Self-referral	Name		Phone ()	
Physician referral	Name		Phone ()	
Other Professional Referral	Name		Phone ()	
Reason for Referral				
Diagnosis				
Current Medication(s)				
Referral for	<p>Please select ONE group ONLY. Requests for multiple groups will NOT be considered.</p> <p><input type="checkbox"/> Interpersonal Psychotherapy Group for Women (IPT)</p> <p><input type="checkbox"/> Mindfulness Based Stress Reduction for Women (MBSRW)</p> <p><input type="checkbox"/> Art Therapy Group for Women (ATGW)</p> <p><input type="checkbox"/> Postpartum CBT Group for Women (MHPOST)</p> <p>Eligibility for all the Women's Wellness groups: client MUST live in the Markham/Stouffville community or, in the case of Postpartum groups: client may also be connected to a Markham Stouffville Hospital (MSH) obstetrician or midwife and/or deliver at MSH</p>			

