

## IV Sedation

You have received the following Anaesthetic that is checked ( ✓ )

- Local Anesthetic** - An injection of anesthesia (freezing) to numb a small area at the site of your procedure. It is common to feel mild or temporary numbness or tingling around the site.
- IV Sedation** - Medications given through your intravenous to relax you and decrease anxiety while you are still awake. It is common to have trouble remembering what happened during your procedure, and/or feel tired for the rest of the day. You must return home with a responsible adult who will remain with you overnight. You should not take public transit after the procedure.

**With IV sedation, do not drive, use machinery or power tools or make important legal or financial decisions for the next 24 hours.**

### Diet

There are no diet restrictions. Avoid alcohol for 24 hours. Drink plenty of fluids for the next 24 hours.

### Activity

Get plenty of rest for 24 hours after the procedure. Return to usual activities (school, work and home) as you feel able.

### Dressing

You may bathe or shower the day after your IV sedation.

### Follow Up

Return to see your doctor as directed.

**CALL YOUR DOCTOR DURING OFFICE HOURS, OR GO TO THE NEAREST EMERGENCY DEPARTMENT IF:**

1. Chest pain, shortness of breath, difficulty breathing, or heart rate over 100 bpm
2. Dizziness, light headedness or confusion, exhaustion, extreme weakness
3. Persistent nausea or vomiting.

**Diagnostic Imaging Day Unit 905-472-7373 ext. 1521 (Mon-Fri 8:00 am-3:00 pm)**