



## WITHIN ARM'S REACH

HOW PORTABLE DIAGNOSTIC TECHNOLOGY IS KEEPING OUR PATIENTS CLOSE TO QUALITY CARE

As a proud Uxbridge resident of more than 40 years, David is grateful for the comfort, safety and strong sense of community it has provided him and his family. And because of a new, donor-funded piece of equipment at Uxbridge Hospital, it is now also giving him—and hundreds of patients like him—access to more efficient, targeted and convenient care, right in their backyard and at their bedside.

David was no stranger to hospitals, having undergone a triple bypass nearly two decades ago. However, when he recently found himself facing mounting heart issues, and more frequent visits as a result, David knew he was in good hands at his local hospital.

“Uxbridge offers the kind of personal experience my family and I cherish,” shares David. “You’re not just a number. They always have your best interest at heart because they’re your neighbours. And even though they’re a small hospital, I’m often blown away by the high level of care you can expect to receive, just like at any larger facility.”

### **And this is where the hospital’s innovative new bedside ultrasound comes in.**

Due to a leak in his bicuspid valve, David must now undergo regular, hours-long paracentesis to locate and drain excess fluid in his abdomen. Though this would typically require a follow-up appointment using a traditional ultrasound machine, or even a blind assessment where the risks are much greater, the new equipment could be brought right to David’s bedside, making the procedure safer, speedier and much more comfortable.

And what made the experience even better was that it was with a familiar face — Dr. Carlye Jensen, the hospital’s Chief of Staff and David’s family physician.

“The bedside ultrasound provides a clear picture of the patient’s situation right at the moment of care, showing us exactly what we’re dealing with so we can make the best possible care decisions,” shares Dr. Jensen. “This means we can avoid changing locations, travelling to a further hospital or even waiting long periods for another appointment, adding more burden to an already-overworked healthcare system.”

Whether it’s determining the cause of spotting in pregnancy or uncovering whether a lump is a hive, abscess or something else entirely, the bedside ultrasound allows practitioners to quickly understand the complete picture. They can then avoid making patients jump through additional hoops or putting them through painful, costly or complicated procedures when they may not be needed.

And thanks to its portable functionality, Dr. Jensen says it can be shared between multiple care settings, from the emergency room to the ward, and even beyond the hospital walls. “We can bring it to after-hours care, our walk-in clinic or even palliative care where we otherwise wouldn’t have this capability. It’s opening countless doors for the care we provide our patients, and we’re so grateful to the donors who made it possible.”

For David, the bedside ultrasound is yet another reason his pride in his community—and the beloved hospital that cares for it—is at an all-time high.

**“We’re blessed to have the hospital so close to home, and it’s important we continue to support it as a community so this kind of equipment can become the norm. You never know when you or someone close to you will need it, so by giving back, you can pay it forward for yourself and future generations.”**

*This patient’s name was changed to remain anonymous.*





Dr. Carlye Jensen

## MAKING IMPACT MONTHLY

Becoming a monthly donor to Uxbridge Hospital is one of many important ways our community can show its support and ensure we always have what is needed to provide high-quality care to our patients. These gifts provide us with a steady, reliable source of support, allowing our hospital to plan ahead, address our most pressing priorities, and prepare for any challenge we may face. We recently spoke to **Dr. Carlye Jensen**, Uxbridge Hospital's Chief of Staff and a monthly donor herself, about what this method of giving back means to her:

“ Supporting the Uxbridge hospital with a monthly donation was an easy decision for my family. I have the distinct advantage of seeing how this money supports healthcare in our community on multiple levels. As a community member, I know my contribution helps sustain the resources needed to provide exceptional care locally. My immediate and extended family have all used the hospital at one point or another, so the benefits are very personal. As a health care provider, I know my support helps equip my team and I to provide the best care possible to the patients we serve. And as someone behind the scenes, I have the confidence to know that my monetary donation will be used in an efficient and meaningful manner. I have seen first hand how donations support programs and equipment that make a tangible impact to my community, to my work and to my team. ”

Interested in learning more about the benefits of becoming a monthly donor? Contact our team at [hgoldsmith@oakvalleyhealth.ca](mailto:hgoldsmith@oakvalleyhealth.ca).



## NEW FOUNDATION STAFF



### Mackenzie Todd

*Campaign Director, Uxbridge Hospital Foundation*

In her role as Campaign Director with Uxbridge Hospital Foundation, Mackenzie will manage the day-to-day activity of the campaign and work closely with the campaign volunteers and local community stakeholders. She is a dynamic and collaborative professional with a passion for non-profit work and whose involvement in various non-profit organizations across Ontario has allowed her to gain relevant experience through active work. Having been born and raised in Uxbridge, Mackenzie understands how vital the Uxbridge Hospital is to our community, and looks forward to a future of patient-centered care for generations to come.



# CARING FOR THOSE WHO CARE FOR US

Our Uxbridge physicians—many of whom are local residents themselves—care for our patients through some of their most difficult moments, bringing them hope, comfort, and confidence in their healthcare.

To show our appreciation to these dedicated professionals, the Uxbridge Hospital Foundation has mobilized one-of-a-kind supports to help them continue building their careers locally while nurturing opportunities for future generations of medical talent to set down roots here - all with the help of generous community support.

One method is through their continuing medical education. This annual training ensures they are in the best position possible to provide exemplary care by further honing their skills. However, it also comes with a significant cost. The Foundation reimburses some of these expenses, allowing physicians to fully immerse themselves in these opportunities.

"This program is driving an influx of medical expertise in Uxbridge, encouraging our physicians to go above and beyond in their continuing education and bringing a new level of skill to our community," shared Dr. Carlye Jensen, Chief of Staff.

To lay the groundwork for our community's future, the Foundation also supports opportunities to engage with up-and-coming medical students. Through programs like the Rural Ontario Medical Program (or ROMP), Uxbridge hosts students for a week of rural medicine exposure alongside local physicians, who volunteer their time to teach and talk with students about living and working in Uxbridge.

"We are incredibly grateful to the community partners who have invested in our physicians, both present and future," shared Michele Varela, Executive Director, Uxbridge Hospital Foundation. "Together, we are creating a worthwhile destination where they can dedicate their careers."



## CAMPAIGN UPDATE

As we collectively anticipate the launch of our forthcoming campaign in support of building a new Uxbridge Hospital, we are pleased to share a few exciting updates on our progress.

### **Community business leader Jim Williamson has been appointed Campaign Chair for the Uxbridge Hospital Redevelopment Campaign.**

Jim will provide leadership and oversee the implementation of campaign planning. Jim is active in a wide variety of community organizations and is currently the Vice-Chair of the Uxbridge Hospital Foundation Board. A recognized leader in the automotive industry, Jim brings enthusiasm, value, and influence to the Campaign Cabinet. The Williamson family has a 40-year legacy of engagement with the Uxbridge Hospital, and as Chair, Jim is committed to bringing world-class care closer to home.

Building a new hospital in Uxbridge requires a tremendous collaborative effort between the province, the hospital and its community, and we are thrilled to share that **the Ministry of Health and Ontario Health have approved the functional program for the Uxbridge Hospital.** We are at the beginning of stage 3 in the capital planning process, which allows for the evaluation team to secure a design architect and develop a plan for the new facility.

As the campaign progresses, we look forward to announcing the members of our campaign cabinet and our fundraising goal, as well as sharing opportunities for everyone to show their support.





## SNAPSHOTS OF SUPPORT

There's always something going on at Uxbridge Hospital Foundation! Here are just a few recent examples of how our generous community has shown up to support its beloved hospital:

### 1. UDORA/LEASKDALE LIONS CLUB

In February 2023, the Udon/Leaskdale Lions Club generously donated \$10,000 to Uxbridge Hospital Foundation from their bingo operations at Bingo World. Pictured from the Lions Club are Larry Emo, Vice President, Byron Taylor, President, and Bob Horner (alongside Michele Varela, Executive Director, Uxbridge Hospital Foundation).

### 2. UXBRIDGE HOSPITAL AUXILIARY (UHA)

The UHA recently made a generous donation of \$100,000 to Uxbridge Hospital, with proceeds coming from their local thrift shop, Chances Are, and The Cottage Hospital Gift Shop, as well as other fundraising endeavours including the annual Run for the Diamond (taking place on June 25, 2023). Pictured are members of the UHA Executive, including Ginger Jackson, Vice President, and Nancy Emo, President, along with Michele Varela (at left). The UHA is 100 per cent run by volunteers and the Foundation thanks them all for their dedication and ongoing support.

### 3. SWING INTO SPRING GOLF TOURNAMENT

In partnership with Wooden Sticks Golf Club, the 15th annual golf tournament in support of Uxbridge Hospital Foundation took place on April 28, 2023. This year's tournament raised an astounding \$24,654. We thank all of the sponsors, golfers, volunteers, and staff at Wooden Sticks Golf Club for making this yearly event a success.

Support Uxbridge Hospital Foundation by **making a donation today.**

#### HOW TO MAKE A DONATION

**ONLINE** AT CANADAHELPS.ORG  
SEARCH: UXBRIDGE HOSPITAL FOUNDATION

**BY MAIL** P.O. BOX 778 STN MAIN  
UXBRIDGE, ON L9P 1N2

**BY PHONE**  
**IN PERSON**



Scan the QR code above to make an online donation via CanadaHelps

#### HOW TO REACH US

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