

foundation



FOCUS

2021 NEWSLETTER

An Uxbridge Hospital Foundation Publication



Lina Bigioni, Uxbridge Resident, Hospital Volunteer and Patient

HOW ONE TRIP TO UXBRIDGE HOSPITAL CHANGED LINA'S LIFE

Last year, on September 14, Lina Bigioni was not feeling well; she had unrelenting pain in her side. As it worsened, Lina knew a trip to the hospital was warranted. If you know Lina, you know how thoughtful she is, which was demonstrated that night as she called 911. She did not want to wake her husband or the neighbours, and told paramedics to hold on the flashing lights and sirens. Lina put on her winter jacket and sat on her front porch waiting for the ambulance to arrive.

As a long-standing Hospital advocate, a 24-year resident of Uxbridge, and past president and member of Uxbridge Hospital Foundation (UHF) from 2013-2021, Lina found comfort knowing she was headed to the Uxbridge Hospital (UXB).

Dr. Jennifer Wilson, Physician, greeted Lina in the Emergency Department (ED). After careful examination and providing her something for the excruciating pain, Lina was scheduled for bloodwork, a few tests, including a CT Scan and Ultrasound. Donations to the Uxbridge Hospital Foundation funded the equipment used.

"It was such a fast turnaround, and I felt as though I was the only person in the Emergency Department; I knew I was in good hands," says Lina. "They never know the next person to walk through their doors, and I am in awe of the team at Uxbridge Hospital."

The scans showed Lina's appendix was enlarged; surgery was the next step. She was quickly transported to Markham Stouffville

Hospital (MSH), and Dr. Crystal Pallister, General Surgeon, performed the operation.

"I know the immense pressure hospitals were under during the first stages of COVID-19, and with only a few operating rooms open at the time, I was grateful to get a spot," says Lina.

As promised, Dr. Pallister continuously checked-in on Lina. Unfortunately, she had bad news to share.

"I remember she sat next to me holding my hand, she gently said, well my friend, you have cancer," explains Lina. "I was stunned, absolutely stunned."

Lina was diagnosed with appendiceal adenocarcinoma – a type of cancer that grows from the cells that make up the appendix. Dr. Pallister shared details about Lina's diagnosis. Lina explained feeling an out of body experience, like sitting at a booth in a restaurant overhearing a conversation happening next to her.

"Never in a million years did I think that's what was causing my pain. I'm so grateful I went to the Uxbridge Hospital that night and they immediately got me the care I needed," says Lina.

Dr. Alan Ing, General Surgeon, who performs surgical oncology, took the time to explain everything to Lina and her husband, Michael. Knowing they had a long road ahead, including chemotherapy and additional surgery, Lina and Michael shared in a moment of silence, staring at each other with tears in their eyes.

Lina was in the hospital for two weeks, and credits the entire health-care team with her extraordinary experience.

"The care and concern everyone gave me was remarkable; I never felt rushed and all my questions were answered," says Lina. "Dr. Pallister promised she would check on me, and she always did. I never had a sister, but that's the way she made me feel."

From UXB to MSH, Lina was extremely grateful to have access to a system of care so close to home. Lina's bloodwork and follow-up appointments with Dr. Ing were done at UXB, making her commute only 15 minutes.

"The beauty of the organization was my tests could be done right down the street," says Lina. "The folks at Uxbridge Hospital made having cancer better; I didn't have to travel downtown and inconvenience my caregivers."

"We are so blessed to have this luxury, my files were shared across the two sites, and I felt deeply connected to my care," shares Lina.

LOOKING FORWARD

In addition to her very busy position as Chief of Staff with York Region, Lina is a dedicated hospital advocate, volunteer and supporter.

"I can't tell you how truly lucky we are to have the devoted staff and medical staff at Uxbridge Hospital, they are the best," says Lina. "The community needs to continue coming together to make the hospital better than it already is."

Lina has visited UXB for other care needs over the years and remembers a time when she was calling an Uber to drive her home; a nurse interrupted and insisted her husband was on his way to pick her up.

"These small acts of kindness are shown daily at UXB; once I enter the doors, I know immediately I will be taken care of" says Lina.

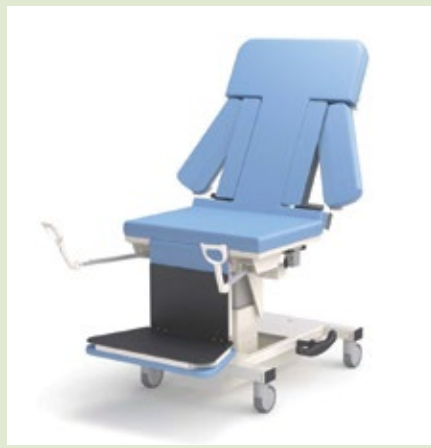
Lina and Michael's next step is downsizing, and, of course, Lina plans to donate many of her beautiful items to Chances Are, the story managed by the Uxbridge Hospital's Auxiliary members. This is another way for Lina and Michael to say thanks to Uxbridge Hospital for their generous care.

"I don't think people realize that donations help fund so much with respect to Uxbridge Hospital's equipment, renovations and special projects," says Lina.

At 64-years young, Lina recently celebrated her birthday and raised \$3,000 for the Uxbridge Hospital using Facebook.

"Giving back is a way for me to continue saying thanks," says Lina.

Your Donations at Work



Ultrasound Stretcher /Eco Bed

This bed will assist the Sonographers with ease of movement (automated up/down) as well as arm boards for proper ergonomics for scanning arms. A drop down foot section allows for ease when scanning all OB/GYNE patients. Also included is a drop down top section allowing the Sonographer to get closer to patients when scanning on the opposite side. All of this will allow for better ergonomics, reduce MSK and repetitive strain injury to Sonographers. It also provides the best diagnostic scans to the Radiologists.



Mammography

The Uxbridge Mammography department does approximately 1880 mammograms per year, 75 per cent of which are done for patients monitoring their health under the Ontario Breast Screening Program and 25 per cent for patients with a history of breast cancer or sign/symptoms that need to be investigated. The new three-dimensional (3D) mammography machine equipped with tomosynthesis, a revolutionary new screening and diagnostic breast imaging tool that improves the ability to detect early breast cancer and decrease the number of patients being called back for additional testing, was installed in early November 2021 at the Uxbridge Hospital.

HAMILTON-T1 Transport Ventilator

This is one of the first transport ventilators that combines the functionality of a fully-featured ICU ventilator with the compactness and ruggedness required for transport. We use the current ventilator in the Emergency Department very frequently to care for patients who need support with breathing. The new ventilator will be better suited to meet the needs of the Uxbridge Hospital - it is compact and light-weight to allow medical staff to use it on a stand in the ED, while in transport with patients to Diagnostic Imaging or to another facility for more advanced care.



Glidescope

The GlideScope is a visualization system for airway procedures including intubation with a special tube to support the airway and breathing of a critically ill patient. We use this machine frequently in the Uxbridge Emergency Department and occasionally on the MedSurg unit. The new equipment is replacing an older version.



Promising future for healthcare in Uxbridge

Exciting plans are being discussed for healthcare in our community and the Uxbridge Hospital. In addition, the new Oak Tree Medical Centre was built by a group of Uxbridge Physicians for their own office space. The Medical Centre will house hospital ambulatory services such as diagnostic imaging and other health care services in the future. Elena Pacheco, Vice President of Planning and Transformation for Oak Valley Health confirmed discussions with the Ministry of Health to build a new hospital as part of the broader idea of bringing an integrated health hub to Uxbridge. Pacheco said that “the design will be seamless between the Medical Centre and the new Hospital and it won’t feel

like a separate building.” She also confirmed that plans for a new hospital have been moving along slowly behind the scenes despite COVID-19 with stage 2 submissions being submitted to the Ministry of Health within the month. Pacheco noted that right now all of the tedious information about what’s going to fit into the Hospital and where it will be located in connection to the Medical Centre are being worked out. These details will determine the necessary space requirements.

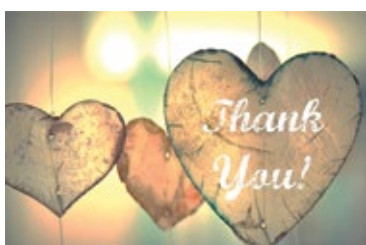
Once Stage 2 approval is received, the hospital will be able to move forward to implementation and get started on RFPs for construction. Pacheco said, “If all goes according to plan,

shovels should be in the ground for a new hospital build within two years.”

The Uxbridge Hospital Foundation engaged the services of Ketchum Canada Inc. (KCI) in June 2021 and has been quietly working to assess the enormous fundraising needs of a Hospital rebuild. The Uxbridge Hospital Foundation is relying on current donors and potential new ones to support this important redevelopment for the Uxbridge Hospital. Once approval is received from the Ministry of Health, the new integrated hub, including the Hospital, will ensure healthcare in Uxbridge is well positioned for growth for many years to come.

Giving is not just about making a donation.

It’s about making a difference.



Name: _____ Address: _____
 City: _____ Prov: _____ Postal Code: _____
 Phone: _____ E-Mail: _____
 I Would Like To Donate: \$25 \$50 \$100 Other: _____
 I Would Like To Pay By: Visa Mastercard Amex
 Card Number: _____ Expiry Date: _____
 Name On The Card: _____
 I Have Enclosed A Cheque Payable To Uxbridge Hospital Foundation
 Your Donation Will Support Equipment Needs In Uxbridge. Tax Receipts Will Be Issued For All Donations Over \$15.00.

On-Line Donations: www.canadahelps.org **SEARCH:** Uxbridge Hospital Foundation



TRIBUTE

Uxbridge Hospital Foundation gratefully acknowledges memorial gifts received between November 1, 2020 to October 31, 2021 in memory of the following individuals.

- | | | |
|------------------|-----------------------------|-------------------|
| Harvey Archibald | Jlm Hird | Emerson Salter |
| Maxine Augustine | Keith & Marjorie Hope | Harry Southern |
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| Wanda Heise | Mary Louise Rippey | |
| Gary Hill | Robert Risebrough | |
| Grant Hill | | |



We Need Your Help!

The Uxbridge Hospital Foundation (UHF) needs your help to reach our fundraising goals in support of the Uxbridge Hospital. UHF has committed funds to support both equipment needs as well as facility maintenance in the coming year.

The Ontario government does not fund all capital needs for hospitals. The Uxbridge Hospital Foundation relies on the support of its donors to ensure that the staff at Uxbridge is well equipped to provide the highest quality care to patients. New equipment purchases, renovations to the facility and upgrades in technology are on-going priorities for patients, families and visitors.

Below are some of the Uxbridge Hospital departments that will benefit from your support.

Diagnostic Imaging / Ultrasound / Radiology Eco Beds / Radiology Workstation	\$60,370
Pharmacy Fridges in M/S and Emergency	\$22,075
Medicine Glidescope AVL	\$19,025
Food Service	\$10,189
Facilities	\$28,530
CARRY-OVER 2020/21	
Mammography 3D Mammography Systems	\$620,000
Nuclear Medicine Bone Mineral Density System	\$125,000
Emergency Transport Ventilator	\$54,000

Note: Designating funds to a particular area or piece of equipment limits the Foundation from using your gift for any other purpose. Giving an unspecified gift means that your contribution can be used where it is most needed. We thank you for your support in any amount.



HOSPITAL HAPPENINGS

Oak Valley Health: new name for leading health care system that serves York and Durham regions

Two years ago, with launch of our new Mission, Vision and Strategic Plan it was identified the need for a new, overarching name and logo for the hospital corporation.

The hospital corporation embarked on a journey to engage staff, physicians and volunteers and community members to explore a new corporate identity to better unify the multi-site organization and represent the pivotal role it plays in providing care to the expanding communities of Markham, Whitchurch-Stouffville, Uxbridge, and beyond.

On August 18, 2021 after a great deal of hard work and tremendous engagement with internal and external stakeholders, Oak Valley Health was announced as the new

overarching name for the organization's two hospital sites – Markham Stouffville Hospital and Uxbridge Hospital (formerly Uxbridge Cottage Hospital). The names of our two hospital sites, Markham Stouffville Hospital and Uxbridge Hospital are not changing.

The name and visual identity, Oak Valley Health, honour our historical roots, represent our diverse community and reflects the future of health care for the community. The name is a hybrid of Oak Ridges Moraine and Rouge Valley, two prominent geographical landmarks that span the two unique regions, York and Durham, which Oak Valley Health serves.

As part of the rebranding process, the Uxbridge Cottage Hospital removed the

Cottage from its name. The new name reflects the hospital's ongoing evolution to meet the needs of the people of Uxbridge and surrounding communities.

The Uxbridge Hospital Foundation (formerly Uxbridge Cottage Hospital Foundation) officially changed its registered name. It is now consistent with Uxbridge Hospital for which it raises funds. The logo pictured includes an oak leaf and an acorn to represent alignment with Oak Valley Health.



WAYS YOU CAN SUPPORT THE UXBRIDGE HOSPITAL



Uxbridge Hospital Gift Shop
 SHOP WITH US AND DON'T PAY THE HST!
 Come and see our new selection of trendy jewellery, fabulous gift items & home accessories
 All proceeds to the Uxbridge Cottage Hospital Auxiliary
Everything Christmas 905.852.9771 (x5250)
 4 Campbell Drive, Uxbridge Open: Monday to Friday 10:00 am to 2:00 pm


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Chances Are
Jewellery Sale
ONE DAY ONLY!
**Saturday
 November 27**
10am - 4pm
**20 Bascom Street
 Upper Level**





**UXBRIDGE HOSPITAL
 FOUNDATION'S
 ANNUAL GOLF TOURNAMENT**
 is tentatively scheduled for
 Friday April 29, 2022 at
 Wooden Sticks, Uxbridge.
**For information call
 905-852-9771 ext. 5286**

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The Uxbridge Hospital Foundation is a not-for-profit organization that exists to fund equipment purchases, renovations and special projects for the Uxbridge Hospital, part of the Oak Valley Health Corporation.

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Charitable Registration Number
 11928-0220-RR0001
 Website: www.msh.on.ca
 Designed & Printed by:
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Run for the Diamond



**UXBRIDGE
 HALF MARATHON**

In Support of the Uxbridge Cottage Hospital Auxiliary
**Register today and learn more at
 www.uxbridgehalfmarathon.ca**

**June 26,
 2022**

Thank you for your continued support!

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