NOTE: Incomplete and / or unsigned requisitions will be returned

MARKHAM STOUFFVILLE HOSPITAL CORPORATION

C

Ш	Urgent
П	Routine

PLEASE PRINT CLEARLY
OR AFFIX LABEL WITH COMPLETE INFORMATION

CARDIO-RESPIRATORY AND ELECTRODIAGNOSTIC REFERRAL FORM		Patient Name (Last, First):	Patient Name (Last, First):					
Markham Site Booking Line: (905) 472-7020		Date of Birth (DD/MM/YYYY):		Sex: F	М			
		5) 472-7078	Health Card #:	Health Card #: Version Code:				
Uxbridge Site Booking Line: (905) 852-9771 x5249		Telephone # (Best Daytime):	Telephone # (Best Daytime):					
Fax: (905) 862-2005		Alternate #:						
님	☐ Urgent ☐ Routine		Email					
<u></u> г		Deferming MD						
	Date:	Referring MD	Signature	MD Pho	one#			
Additional Copies to:								
[Contact information for translator if required (Name & Number)							
7	Clinical Information:							
	CARDIOVASCULAR:				Appt Date	Time		
	Holter Monitor MS		24 hr					
☐ Ambulatory Blood Pressure Monitoring (fee) ☐ Cardiac Stress Test								
☐ Cardiac Stress Test ☐ Exercise Cardiolite Test								
Persantine Cardiolite Test - if patient is unable to walk on a treadmill/ LBBB								
☐ Gated Heart - MUGA ☐ MSH ☐ UXB								
☐ Echocardiogram - 2D with colour doppler ☐ MSH ☐ UXB								
☐ ECHO with contrast								
Transesophogeal Echo (TEE) Previous Echo								
	☐ ECG only (done in Out							
	☐ ECG with any Diagnost	tic Test (done in CRS)						
		nsult (Fax to 416-282-9897)						
	RESPIRATORY:							
	Routine Pulmonary Fur	nction Test						
	Methacholine Inhalation	n Test (must have had a Pu	llmonary Function Test)					
	Arterial Blood Gas							
		sessment of functional capa	-					
		ment (Respirologist referral	• •					
	Exercise Induced Asthma Study (Respirologist referral only)							
☐ Cardio-Pulmonary Exercise Test - Please include a copy of echo results or schedule an echo prior to this test								
Chest Xray								
-	ELECTRODIAGNOSTIC	CS.						
		оо. Г	7 FFO 01 P : - ! A ! !!					
	☐ EEG Adult	L	☐ EEG Sleep Deprived Adult					
	☐ EEG Infants (0 - 3 yrs) ☐ EEG Pediatric (4 - 18 y	rs)	EEG Sleep Deprived Pediatric (4	- 18 yrs)				
	LLO I Guiatric (4 - 10 y	13)						



CARDIO-RESPIRATORY & ELECTRO-DIAGNOSTIC

* We ask that you please keep the area a PERFUME FREE ENVIRONMENT *

Echocardiogram (Ultrasound of the heart) Allow 45 minutes. No Preparation needed. Wear two-piece outfit.

Cardiac Stress Test Takes 30 minutes. No coffee / tea day of test, eat two hours prior to test.

Wear exercise clothing (shorts, pants, rubber soled shoes and short sleeved t-shirt). Stop Beta Blockers only on your Doctor's orders. Bring medications. No lotions / creams on chest.

Holter Monitor / Ambulatory Blood Pressure Monitor Takes 30 minutes. Wear a comfortable two-piece loose outfit and a belt. Bring medications. No lotions / creams on chest.

Cardiolite Test Takes approximately four hours MUST BRING comfortable pants or shorts,

loose fitting short-sleeved shirt, rubber-soled closed toe shoes. Bring medications.

- -No Beta Blocker medicine for 48 hours (unless your Doctor tells you not to stop them) check with pharmacy which medicines are Beta Blockers.
- -No decaf or caffeine drinks, no green tea, no chocolate, no pop for 24 hours before test date.
- -No Tylenol or other medicines or supplements containing caffeine for 24 hours before test date.
- -No eating for three to four hours before test (diabetics may have juice).
- Cardio-pulmonary Exercise Test Takes one hour. No alcohol 24 hours prior to test.

No caffeine or nicotine day of test. Do not exercise day of test. Have only a light meal on day of test.

Wear comfortable clothing and rubber-soled shoes. Bring all medications to your appointment.

Pulmonary Function Test Takes 30 minutes. No asthma inhalers 12 hours prior to the test, except Salbutamol (Ventolin) which may be taken up to four hours prior to test

Methacholine Challenge Takes one hour. Ensure detailed instructions are given to you by your

Respiratory Therapist during your pulmonary function test. No asthma inhalers 12 hours prior to test.

No antihistamines four days prior to test. Salbutamol (Ventolin) may be taken up to eight hours prior to test.

Exercise Induced Asthma (Refer to Pulmonary Function Test and Cardiac Stress Test.)

Takes one hour and a half (not for children under age nine).

EEG (Adult & Paediatric) Wash hair day of test. No gels or hairsprays.

No caffeine products (coffee, tea, chocolate).

EEG Sleep Deprived (Adult) Remain awake the entire night, wash hair day of test.

No gels or hairsprays. No caffeine products (coffee, tea, chocolate).

EEG Sleep Deprived (Paediatric) Four to eight years old. (Remain awake from 0400 hrs).

Nine - 12 yrs old. (Remain awake from 0200 hrs).

13 - 17 yrs old. (Remain awake the entire night).

Wash hair day of test. No gels or hairsprays. No caffeine products (coffee, tea, chocolate).

EEG Infants Keep child awake until time of the appointment.

Bring something comforting for the child (i.e. blanket, soother, bottle.)