

What to bring to your appointment

- OHIP card
- Debit/Credit card
- Translator, if needed

Location

Markham Site
Diagnostic Services is located on the second floor of Building B.

Uxbridge Site
Diagnostic Services is located on the first floor.

Where to park

Parking is available in Visitor's Parking Lot 1 – Main Entrance/Link Lobby. Located on Church Street between Ninth Line and Bur Oak and can be accessed by the entrance off of Butternut Lane.

Where to go on the day of your appointment

Before proceeding to your appointment, you must **register with Main Entrance Registration** located in the Main Lobby (2nd Floor, Building A) **15 minutes before** your scheduled appointment.

Appointment Date: _____

Appointment Time: _____

To reschedule or cancel your appointment, call Patient Scheduling at 905-472-7020.

If you are feeling unwell, have a high temperature, cough or sore throat on or before the day of your appointment, please reschedule your appointment.

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MARKHAM STOUFFVILLE HOSPITAL

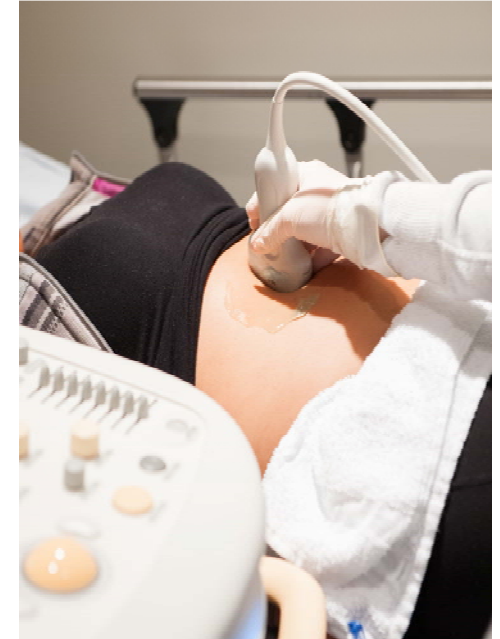
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Ultrasound



Patient Information



MARKHAM STOUFFVILLE HOSPITAL
A PROUD HERITAGE – AN EXTRAORDINARY FUTURE

What is an ultrasound?

An ultrasound is a diagnostic imaging technique that uses high frequency sound waves to visualize organs within the body.

At Markham Stouffville Hospital, we offer the following types of ultrasounds:

- Abdominal
- Gynecological
- Musculoskeletal
- Obstetrical
- Renal ultrasound (kidney and bladder)
- Small part ultrasound (breast, thyroid, testicle)
- Vascular (venous and arterial)
- Interventional procedures (biopsies)
(*Markham site only*)

During the ultrasound exam, a sonographer applies gel to the skin and moves a transducer (camera) over the area of your body being examined.

Patient Preparation

Some of our exams require patient preparation prior to the ultrasound. It is imperative that patients follow the preparations in order to perform the exam.

Obstetrical

Before 12 weeks gestation: drink four 8 oz. glasses of water one hour prior to appointment. Do not urinate.

After 12 weeks gestation: no preparation is required.

Abdominal

Do not eat or drink for eight hours prior to appointment (except the minimum drink needed to take medications).

No food/drink restrictions for ages 3 years and under.

If you have diabetes please let the scheduling clerk know so as to schedule a morning appointment.

Renal or Pelvic

Drink four 8 oz. glasses of water one hour prior to appointment. Do not urinate.

Abdominal and Pelvic Combined

Do not eat for eight hours. Drink four 8 oz. glasses of water one hour prior to appointment. Do not urinate.

FAQS

Is an ultrasound painful?

It may be mildly uncomfortable but there should be little to no pain.

What are the risks with having an ultrasound?

It does not use ionizing radiation and is a very safe way to image soft tissues which is why it is the preferred tool for monitoring pregnancy.

Can I purchase images of my obstetrical ultrasound?

Yes, obstetrical images are available for patients to purchase. CD's are available for purchase for a charge of \$10.00.