

CT Enteroclysis Appointment

Please inform the technologist if you are **ALLERGIC TO CONTRAST (X-Ray Dye)** or have had an allergic reaction during a previous CT scan.

If an interpreter is required please ensure this person can stay to support the patient during the entire visit.

About the procedure - what is it?

Enteroclysis is a specialized scan which produces detailed images of the small bowel using CT. To obtain these images you will be required to drink an oral contrast solution (containing “sorbitol”) and you will be given x-ray contrast through an IV line set in your arm or hand.

Important to know:

The oral contrast for this exam expands in the intestines allowing us to see the small bowel clearly during imaging. The drink can have a *laxative-like effect* which is felt differently by each patient. It is **STRONGLY SUGGESTED THAT YOU GO HOME AFTER LEAVING THE HOSPITAL** as you may experience these effects for several hours after imaging. If you experience loose bowel movements, cramping, discomfort, nausea or vomiting lasting longer than 24 hours, it is recommended that you follow up with your doctor.

Preparing for the appointment:

Day of your exam:

- Nothing to eat or drink for four hours prior to the appointment time.

15 minutes before your scheduled arrival time:

- Be in the Main Lobby of the hospital to complete the registration process.
- You will be directed to the CT waiting area (Central Waiting Room) after you have registered.

If you arrive late or have not followed the preparation instructions your exam may be rebooked.

During the procedure:

Total estimated time you will be at the hospital is about two hours. During the first hour you will be given three large glasses of liquid to drink, one glass about every 20 minutes. It is important this be evenly spaced out. An IV will be set in your arm or your hand for the x-ray contrast to be given to you during the scan. You will be asked to lay flat on the CT imaging table. As the IV contrast is given during the CT imaging you may experience a metallic taste in your mouth, an overall warm flushing and/or possibly the feeling that you need to pee – these are normal. Allergic adverse reactions to CT contrast are infrequent. During the CT scan if you notice any symptoms such as itchiness, shortness of breath, congestion, lips or tongue tingling or throat tightness, inform the technologist immediately. The CT scan will take about 15 minutes to complete.